



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date : 15<sup>th</sup> October, 2019

To

The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations / Union Territories / Sports Board  
(Affiliated to M/s. Indian Body Builders Federation, Mumbai)

Ref. No.: IBBF/JN/CR-02/19-20

*Dear Sir / Madam,*

Sub.: "10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique  
/Jr.Women's Model Physique / Ladies Women's Model Physique National Championship  
2020"

The Indian Body Builders Federation is pleased to Invite all its affiliated State Units/ Union Territories and Sports Boards to participate in the "10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique /Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020"; organized by The Andhra Body Builders Association, Andhra Pradesh. The said competition is organized on 1<sup>st</sup> – 2<sup>nd</sup> February, 2020 at "A Convention Center, Indupalli Road, Amalapuram, East Godavari, Andhra Pradesh, India.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their athletes as mentioned in the rules to make this championship a grand success.

We solicit your kind cooperation and understanding in this regard.

Thanking you,

For Indian Body Builders Federation,

*Chetan Pathare*

**Chetan M. Pathare,**  
**Secretary General**





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**"10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique /Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020"**

**PARTICULARS**

- Contest :** "10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique /Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020"
- Date :** Saturday 1<sup>st</sup> February to Sunday 2<sup>nd</sup> February, 2020
- Organizer :** The Andhra Body Builders Association
- Reception / Registration :** **Hotel Grand Park**  
Bank Road, East Godavari District  
Amalapuram – 533201, Andhra Pradesh
- Venue for Pre-Judging & Finals :** **A Convention Centre**  
Indupalli Road, Amalapuram, East Godavari District,  
Andhra Pradesh-533201.
- Nearest Railway :** Rajahmundry Railway Station  
**(Distance between the Rajahmundry Railway Station to Amalapuram is about 1hour and 40 minuets)**
- Nearest Airport :** Rajahmundry Airport  
**(Distance between the Rajahmundry Airport to Amalapuram is about 2 hours)**
- Organizers Contact :** Mr Swamy Ramesh - 09399311713  
Mr. Srinivasa Raju – 08309411153  
Mr. Vanteddu Venkannaidu – 09885522299  
Mr.K.Venkateswara Rao - 09247292794
- IBBF Secretariat :** Mr.Chetan Pathare – Secretary General  
Mobile – 09967971970
- Weight Group for Junior :** Total Six weight Category  
Upto & inclusive 55 kgs  
Upto & inclusive 60 kgs  
Upto & inclusive 65 kgs  
Upto & inclusive 70 kgs  
Upto & inclusive 75 kgs  
Above 75 kgs



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- Weight Group for Divyang :** Up to & inclusive 65 kgs  
Above 65 kgs
- Age Group for Masters :** Total Three age groups  
1) Above 40 years & below 50 years  
2) Above 50 years & below 60 years  
3) Above 60 years
- Jr.Men's Sports Physique :** One Open Category
- Jr.Women's Model Physique :** One Open Category
- Ladies Women's Model Physique :** Above 30 Years – One Open Category
- Eligibility Juniors :** Below 21 years of age  
**Athletes born on & after 31<sup>st</sup> January, 1999 are eligible to participate in Junior category**  
  
Ten Body Builders from each State/Union Territories/Sports Board and not more than two body builders in each group will be allowed.
- Masters :** **Athletes born on & before 31<sup>st</sup> January, 1980 are eligible to participate in Masters category**  
  
1. Those who are above 40 years and below 50 years of age.  
2. Those who are above 50 years and below 60 years of age.  
3. Those who are above 60 years of age.  
  
Three Bodybuilders is each Masters Category and not more than nine body builders from each State/Sports Board will be allowed.
- Divyang :** In this Championship, State association/Sports Board can send their best athletes and there is no limit for the same.
- Jr.Men's Sports Physique :** Below 21 years of age  
**Athletes born on & after 31<sup>st</sup> January, 1999 are eligible to participate in Junior category**  
Three Athletes from each State/Union Territories/Sports Board will be allowed.
- Jr.Women's Model Physique :** Below 21 years of age  
**Athletes born on & after 31<sup>st</sup> January, 1999 are eligible to participate in Junior category**  
Three Athletes from each State/Union Territories/Sports Board will be allowed.
- Ladies Women's Model Physique :** **Athletes born on & before 31<sup>st</sup> January, 1990 are eligible to participate in Ladies category**  
In this Championship, State association/Sports Board can send their best athletes and there is no limit for the same.



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## Testimonials

:All the athletes are requested to produce their **Date of birth certificate (Govt.Registered) and OR ANY ONE OF Aadhar Card / Passport / PAN Card** in original along with one Photo Copy self-attested at the time of weighing in. Those who fail to produce original certificate will not be entitled to participate in the championship.

Medical Officer may be recruited to find the genuine age of the athlete as per his body status and if Medical Officer after accessing the athlete finds him to be over age, then such athlete will be restricted and suspended from participation and the further legal and criminal proceedings will be initiated against such athlete and the state unit as per the Government of India, National Sports Development Code.

Also the same legal and criminal proceedings will be initiated if they are found with fake certificate.

## Annual Fees

:All those affiliated state Associations / Union Territories / Sports Board who have not paid their Annual Membership Fees for the year 2019-2020 are requested to pay of Rs.10,000/- for State and Rs.15000/- for Sports Board on or before 01<sup>st</sup> February, 2020.

## Entry Fees

Junior & Masters : Rs.1000/- per competitor.

Sports/Model Physiques : Rs.3000/- per competitor.

Divyang : NO ENTRY FEE

Last Date for Entry : 1<sup>st</sup> January 2020.

Submission of entries :Entries will be accepted in prescribed format Entries may be sent to

1. Secretary General  
Indian Body Builders Association  
C/o. Pathare Gymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.  
Mobile :- 09967971970  
Email:- [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

## Prizes & Awards

1. First Five places in each category will receive Medals & Merit Certificates.
2. All the Participants will receive Participation Certificates.

**Doping** : Dope test will be conducted at random by the



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National Anti Doping Agency (NADA), New Delhi

**Rules for the Contest**

1. The competitors and officials who are not present for the registration within the time limit will be eliminated from the competition.
2. All officials and competitors must arrive prior to the schedule.
3. Organizers will provide free lodging and boarding to the invited bodybuilders and officials only for two nights.
4. Invited Athletes and officials will be to pay a deposit of Rs.1000/- each during registration which will be refunded at the time of checkout once the hotel staff gives clearance of the room articles.
5. Please take note : Other than the athletes, Judges and officials, No Extra Officials and supporters will be allowed and hence will not be provided with lodging and boarding facility or the Venue Passes. We require state units co-operation for the same.
6. Please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same.
7. All the officials, and Judges are requested to come in proper uniform prescribed by IBBF otherwise they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
8. Golden, Silver, and Bronze colour tanning cream is not allowed.
9. It is compulsory for the Body Builders participating bring their own music CD,(music counts in scoring) Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

**Please Note**

- : The Indian Body Builders Federation, The Andhra Body Builders Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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**SCHEDULE**

**Saturday 1<sup>st</sup> February 2020**

08.00 AM ONWARDS : Arrival of all competitors, officials & judges  
08.00 AM TO 10.00 AM : Break Fast (Hotel Grand Park)  
10.00 AM Onwards : Registration / Weighing-in of Athletes (Hotel Grand Park)  
01.00 PM TO 03.00 PM : Lunch  
02.00 PM TO 04.00 PM : Executive Committee Meeting  
04.00 PM TO 04.30 PM : Judges / Team Managers Meeting  
09.00 PM ONWARDS : Dinner

**Sunday 2<sup>nd</sup> February 2020**

08.00 AM TO 09.00 AM : Breakfast  
09.00 AM TO 11.00 AM : Extra Ordinary General Body Meeting  
10.00 AM ONWARDS : Pre-judging, Finals & Prize Distribution  
12.30 PM TO 03.00 PM : Lunch  
09.00 PM : Dinner

**Monday 3<sup>rd</sup> February 2020**

11.00 AM : Departure of all competitors, officials & judges



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OFFICIAL ENTRY FORM**

**Please fill this entry form and return on or before 1<sup>st</sup> January 2019**

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		<b>Junior</b>		
2		<b>Junior</b>		
3		<b>Junior</b>		
4		<b>Junior</b>		
5		<b>Junior</b>		
6		<b>Junior</b>		
7		<b>Junior</b>		
8		<b>Junior</b>		
9		<b>Junior</b>		
10		<b>Junior</b>		
11		<b>Junior</b>		
12		<b>Junior</b>		
1		<b>Masters (40 -50 yrs)</b>		
2		<b>Masters (40 -50 yrs)</b>		
3		<b>Masters (50 -60 yrs)</b>		
4		<b>Masters (50-60 yrs)</b>		
5		<b>Masters (60yrs above)</b>		
6		<b>Masters (60yrs above)</b>		
1		<b>Divyang</b>		
2		<b>Divyang</b>		
3		<b>Divyang</b>		
4		<b>Divyang</b>		
5		<b>Divyang</b>		
6		<b>Divyang</b>		
1		<b>Jr Men's Sports Phy</b>		
2		<b>Jr Men's Sports Phy</b>		
1		<b>Jr. Women's Model Phy</b>		
2		<b>Jr. Women's Model Phy</b>		
1		<b>Jr. Ladies Model Phy</b>		
2		<b>Jr. Ladies Model Phy</b>		

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_ TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Ref. No.:IBBF/JN/CR-02/19-20

Date: 15<sup>th</sup> October, 2019

### **RAIL TRAVEL CONCESSION**

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))

MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that \_\_\_\_\_ Body Builders/Officials of \_\_\_\_\_ is/are taking part in the "10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique /Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020" being organize by the Andhra Body Builders Association under the authority of **Indian Body Builders Federation** from 1<sup>st</sup> - 2<sup>nd</sup> February, 2020 at Amalapuram, Andhra Pradesh. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

**For Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
**Secretary General**





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Date: 15<sup>th</sup> October 2019

To,  
**The Executive Committee Members**  
Indian Body Builders Federation  
Mumbai

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders federation, that a Meeting of the Executive Committee will be held on Saturday 1<sup>st</sup> February 2020 at 02.00 P. M. at Hotel Grand Park, Amalapuram, Andhra Pradesh ; during "**10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique / Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020**", to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Executive Committee Meeting.
2. To discuss about the letters if any received from Executive Committee Members or State Associations before 1<sup>st</sup> January 2020.
3. To Discuss and confirm the National Championships for the year 2021.
3. Any other matter with the permission of chair.

For Indian Body Builders Federation,

**Chetan M. Pathare,**  
**Secretary General**





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To,

The Secretaries / Executive Committee Members / Life Members  
State Body Building Associations / Union Territories / Sports Board  
(Affiliated to M/s. Indian Body Builders Federation, Mumbai)

## **EXTRA ORDINARY GENERAL BODY MEETING**

### **NOTICE**

Notice is hereby given to all the Affiliated Units / Executive Committee Members / Life Members of the Indian Body Builders federation, that a Meeting of the Extra Ordinary General Body will be held on Saturday 2<sup>nd</sup> February 2020 at 09.00 A. M. at Hotel Grand Park, Amalapuram, Andhra Pradesh ; during "**10<sup>th</sup> Junior / Masters / Divyang Bodybuilding and Jr.Men's Sports Physique /Jr.Women's Model Physique / Ladies Women's Model Physique National Championship 2020**", to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Extra Ordinary General Body Meeting.
2. To discuss about the letters if any received from Executive Committee Members or State Associations before 1<sup>st</sup> January 2020.
3. To Discuss and confirm the National Championships for the year 2021.
3. Any other matter with the permission of chair.

For Indian Body Builders Federation,

**Chetan M. Pathare,**  
**Secretary General**

